

Understanding Rights and Freedoms

Rights and freedoms are things that you are always allowed to do, or which are owed to you by others. In Canada, many of these rights are guaranteed by the *Canadian Charter of Rights and Freedoms* – an important part of the Constitution.



Can you identify what type of right or freedom is involved in each of the scenarios below?

Write down the type of right or freedom below each scenario, using the words from this box.

Each right and freedom can be used more than once.

Democratic rights

Mobility rights

Freedom of religion

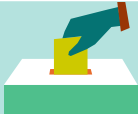
Freedom of expression

Freedom of assembly

Equality rights

Official language rights

Freedom of association



Once you are 18, you vote in a federal election.



You participate in a peaceful protest.



You move to a different part of Canada.



You choose to practise a religion (or not).



Once you turn 18, you run to be a member of Parliament.



You go on a trip to a foreign country.



You post about a topic being discussed at Parliament on social media.



You and a few friends start an environmental group at your school.



You write to a senator in English or French to ask about a student jobs program.



Parliament and the federal government cannot discriminate against you for reasons such as your gender, ethnicity, religion or age.